

Nr.	Ort	Beginn	Dauer
1	Kampen	08:15:00	00:24
2	St. Peter-Ording	08:15:24	00:24
3	Mönchgut	08:15:48	00:24
4	Timmendorfer Strand - Maritim Seehotel	08:16:12	00:24
5	Langeoog	08:16:36	00:24
6	Schillig (Mo,Do)	08:17:00	00:00
	Hooksiel (Di,Fr)	08:17:00	00:00
	Horumersiel (Mi,Sa)	08:17:00	00:23
7	Butjadingen	08:17:23	00:23
8	Emden	08:17:46	00:23
9	Bad Salzuflen	08:18:09	00:23
10	Wernigerode (Mo,Mi,Fr)	08:18:32	00:00
	Wernigerode - Brocken (Di,Do,Sa)	08:18:32	00:23
11	Willingen	08:18:55	00:23
12	Winterberg	08:19:18	00:23
13	Medebach	08:19:41	00:23
14	Koblenz	08:20:04	00:23
15	Rüdesheim	08:20:27	00:23
16	Gersfeld	08:20:50	00:23
17	Bad Staffelstein	08:21:13	00:23
18	Fichtelberg	08:21:36	00:23
19	Oberwiesenthal	08:21:59	00:23
20	Nohfelden-Bosen - Bostalsee	08:22:22	00:23
21	Bad Mergentheim	08:22:45	00:23
22	Nürnberg	08:23:08	00:23
23	Ingolstadt	08:23:31	00:23
24	Donauwörth	08:23:54	00:23
25	Bad Salzuflen	08:24:17	00:23
26	Beuren (Mo,Mi,Fr)	08:24:40	00:00
	St. Johann (Di,Do,Sa)	08:24:40	00:23
27	Münsingen (Mo,Do)	08:25:03	00:00
	Hayingen (Di,Fr)	08:25:03	00:00
	Westerheim (Mi,Sa)	08:25:03	00:23
	Region Oberallgäu		
28	Bad Hindelang (Mo,Fr)	08:25:26	00:00
	Oberstdorf - Schanze ()	08:25:26	00:00
	Oberstdorf - Nebelhorn (Di,Mi,Sa)	08:25:26	00:00
	Oberstdorf - Fellhorn (Do)	08:25:26	00:23
29	Riezlern - Kanzelwand (Mo,Fr)	08:25:49	00:00
	Oberstaufen - Hochgrat (Di,Sa)	08:25:49	00:00
	Oberstaufen - Hündle (Mi)	08:25:49	00:00
	Oberstaufen (Do)	08:25:49	00:23
30	Füssen - Schwangau - Tegelberg (Mo,Do)	08:26:12	00:00
	Schwangau - Hohenschwangau (Di,Fr)	08:26:12	00:00
	Füssen - Festspielhaus (Mi,Sa)	08:26:12	00:23

31	Grainau	08:26:35	00:23
	Region Tölzer Land		
32	Tölzer Land - Kochel am See (Mo,Mi,Fr)	08:26:58	00:00
	Lenggries (Di,Do,Sa)	08:26:58	00:23
33	Bad Tölz (Mo,Mi,Fr)	08:27:21	00:00
	Münsing (Di,Do,Sa)	08:27:21	00:23
34	München	08:27:44	00:23
35	München - Olympiaturm	08:28:07	00:23
36	Tegernsee (Mo,Mi,Fr)	08:28:30	00:00
	Schliersee (Di,Do,Sa)	08:28:30	00:23
37	Bayrischzell - Wendelstein (Mo,Mi,Fr)	08:28:53	00:00
	Bayrischzell - Sudelfeld (Di,Do,Sa)	08:28:53	00:23
38	Prien am Chiemsee	08:29:16	00:23
39	Bad Endorf	08:29:39	00:23
40	Oberaudorf	08:30:02	00:23
41	Ruhpolding	08:30:25	00:23
42	Berchtesgaden	08:30:48	00:23
43	Bad Reichenhall - RupertusTherme	08:31:11	00:23
44	Bad Reichenhall	08:31:34	00:23
45	Bad Birnbach	08:31:57	00:23
46	Passau	08:32:20	00:23
47	Bodenmais	08:32:43	00:23
48	Lipno	08:33:06	00:23
49	Spindleruv Mlýn	08:33:29	00:23
50	Dolní Morava	08:33:52	00:23
51	Wien	08:34:15	00:23
52	Murau - Kreischberg / Schönberg-Lachtal	08:34:38	00:23
53	Zauchensee	08:35:01	00:23
54	Filzmoos	08:35:24	00:23
55	Großarl (Mo,Mi,Fr)	08:35:47	00:00
	Dorfgastein (Di,Do,Sa)	08:35:47	00:23
56	Zell am See	08:36:10	00:23
57	Ellmau	08:36:33	00:23
58	Achenkirch	08:36:56	00:23
59	Neustift - Stubaier Gletscher	08:37:19	00:23
60	Serfaus (Mo,Mi,Fr)	08:37:42	00:00
	Fiss (Di,Do,Sa)	08:37:42	00:23
61	Silvaplana	08:38:05	00:23
62	Saas Fee	08:38:28	00:23
63	Zermatt - Gornergrat	08:38:51	00:23
64	De Haan	08:39:14	00:23
65	Pal - Coll de la Botella	08:39:37	00:23
	Programminformation "ARD-alpha B Mo-Sa"	08:40:00	

Nr.	Ort	Beginn	Dauer
1	Kampen	08:20:00	00:24
2	St. Peter-Ording	08:20:24	00:24
3	Mönchgut	08:20:48	00:24
4	Timmendorfer Strand - Maritim Seehotel	08:21:12	00:24
5	Langeoog	08:21:36	00:24
6	Schillig (So)	08:22:00	00:00
	Hooksiel ()	08:22:00	00:00
	Horumersiel ()	08:22:00	00:23
7	Butjadingen	08:22:23	00:23
8	Emden	08:22:46	00:23
9	Bad Salzuflen	08:23:09	00:23
10	Wernigerode (So)	08:23:32	00:00
	Wernigerode - Brocken ()	08:23:32	00:23
11	Willingen	08:23:55	00:23
12	Winterberg	08:24:18	00:23
13	Medebach	08:24:41	00:23
14	Koblenz	08:25:04	00:23
15	Rüdesheim	08:25:27	00:23
16	Gersfeld	08:25:50	00:23
17	Bad Staffelstein	08:26:13	00:23
18	Fichtelberg	08:26:36	00:23
19	Oberwiesenthal	08:26:59	00:23
20	Nohfelden-Bosen - Bostalsee	08:27:22	00:23
21	Bad Mergentheim	08:27:45	00:23
22	Nürnberg	08:28:08	00:23
23	Ingolstadt	08:28:31	00:23
24	Donauwörth	08:28:54	00:23
25	Bad Salzuflen	08:29:17	00:23
26	Beuren (So)	08:29:40	00:00
	St. Johann ()	08:29:40	00:23
27	Münsingen (So)	08:30:03	00:00
	Hayingen ()	08:30:03	00:00
	Westerheim ()	08:30:03	00:23
	Region Oberallgäu		
28	Bad Hindelang ()	08:30:26	00:00
	Oberstdorf - Schanze ()	08:30:26	00:00
	Oberstdorf - Nebelhorn (So)	08:30:26	00:00
	Oberstdorf - Fellhorn ()	08:30:26	00:23
29	Riezlern - Kanzelwand ()	08:30:49	00:00
	Oberstaufen - Hochgrat ()	08:30:49	00:00
	Oberstaufen - Hündle (So)	08:30:49	00:00
	Oberstaufen ()	08:30:49	00:23
30	Füssen - Schwangau - Tegelberg (So)	08:31:12	00:00
	Schwangau - Hohenschwangau ()	08:31:12	00:00
	Füssen - Festspielhaus ()	08:31:12	00:23

31	Grainau	08:31:35	00:23
	Region Tölzer Land		
32	Tölzer Land - Kochel am See (So)	08:31:58	00:00
	Lenggries ()	08:31:58	00:23
33	Bad Tölz (So)	08:32:21	00:00
	Münsing ()	08:32:21	00:23
34	München	08:32:44	00:23
35	München - Olympiaturm	08:33:07	00:23
36	Tegernsee (So)	08:33:30	00:00
	Schliersee ()	08:33:30	00:23
37	Bayrischzell - Wendelstein (So)	08:33:53	00:00
	Bayrischzell - Sudelfeld ()	08:33:53	00:23
38	Prien am Chiemsee	08:34:16	00:23
39	Bad Endorf	08:34:39	00:23
40	Oberaudorf	08:35:02	00:23
41	Ruhpolding	08:35:25	00:23
42	Berchtesgaden	08:35:48	00:23
43	Bad Reichenhall - RupertusTherme	08:36:11	00:23
44	Bad Reichenhall	08:36:34	00:23
45	Bad Birnbach	08:36:57	00:23
46	Passau	08:37:20	00:23
47	Bodenmais	08:37:43	00:23
48	Lipno	08:38:06	00:23
49	Spindleruv Mlýn	08:38:29	00:23
50	Dolní Morava	08:38:52	00:23
51	Wien	08:39:15	00:23
52	Murau - Kreischberg / Schönberg-Lachtal	08:39:38	00:23
53	Zauchensee	08:40:01	00:23
54	Filzmoos	08:40:24	00:23
55	Großarl (So)	08:40:47	00:00
	Dorfgastein ()	08:40:47	00:23
56	Zell am See	08:41:10	00:23
57	Ellmau	08:41:33	00:23
58	Achenkirch	08:41:56	00:23
59	Neustift - Stubaier Gletscher	08:42:19	00:23
60	Serfaus (So)	08:42:42	00:00
	Fiss ()	08:42:42	00:23
61	Silvaplana	08:43:05	00:23
62	Saas Fee	08:43:28	00:23
63	Zermatt - Gornergrat	08:43:51	00:23
64	De Haan	08:44:14	00:23
65	Pal - Coll de la Botella	08:44:37	00:23
	Programminformation "ARD-alpha B So"	08:45:00	

Nr.	Ort	Beginn	Dauer
1	Kampen	08:40:00	00:23
2	St. Peter-Ording	08:40:23	00:23
3	Mönchgut	08:40:46	00:23
4	Timmendorfer Strand - Maritim Seehotel	08:41:09	00:23
5	Langeoog	08:41:32	00:23
6	Schillig (Mi,Sa)	08:41:55	00:00
	Hooksiel (Mo,Do)	08:41:55	00:00
	Horumersiel (Di,Fr)	08:41:55	00:23
7	Butjadingen	08:42:18	00:23
8	Emden	08:42:41	00:23
9	Bad Salzuflen	08:43:04	00:23
10	Wernigerode (Di,Do,Sa)	08:43:27	00:00
	Wernigerode - Brocken (Mo,Mi,Fr)	08:43:27	00:23
11	Willingen	08:43:50	00:23
12	Winterberg	08:44:13	00:23
13	Medebach	08:44:36	00:23
14	Koblenz	08:44:59	00:23
15	Rüdesheim	08:45:22	00:23
16	Gersfeld	08:45:45	00:23
17	Bad Staffelstein	08:46:08	00:23
18	Fichtelberg	08:46:31	00:23
19	Oberwiesenthal	08:46:54	00:23
20	Nohfelden-Bosen - Bostalsee	08:47:17	00:23
21	Bad Mergentheim	08:47:40	00:23
22	Nürnberg	08:48:03	00:23
23	Ingolstadt	08:48:26	00:23
24	Donauwörth	08:48:49	00:23
25	Calw	08:49:12	00:23
26	Beuren (Di,Do,Sa)	08:49:35	00:00
	St. Johann (Mo,Mi,Fr)	08:49:35	00:23
27	Münsingen (Mi,Sa)	08:49:58	00:00
	Hayingen (Mo,Do)	08:49:58	00:00
	Westerheim (Di,Fr)	08:49:58	00:23
	Region Oberallgäu		
28	Bad Hindelang (Do)	08:50:21	00:00
	Oberstdorf - Schanze ()	08:50:21	00:00
	Oberstdorf - Nebelhorn (Mo,Di,Fr,Sa)	08:50:21	00:00
	Oberstdorf - Fellhorn (Mi)	08:50:21	00:23
29	Riezlern - Kanzelwand (Do)	08:50:44	00:00
	Oberstaufen - Hochgrat (Mo,Fr)	08:50:44	00:00
	Oberstaufen - Hündle (Di,Sa)	08:50:44	00:00
	Oberstaufen (Mi)	08:50:44	00:23
30	Füssen - Schwangau - Tegelberg (Di,Fr)	08:51:07	00:00
	Schwangau - Hohenschwangau (Mi,Sa)	08:51:07	00:00
	Füssen - Festspielhaus (Mo,Do)	08:51:07	00:23

31	Grainau	08:51:30	00:23
	Region Tölzer Land		
32	Tölzer Land - Kochel am See (Di,Do,Sa)	08:51:53	00:00
	Lenggries (Mo,Mi,Fr)	08:51:53	00:23
33	Bad Tölz (Di,Do,Sa)	08:52:16	00:00
	Münzing (Mo,Mi,Fr)	08:52:16	00:23
34	München	08:52:39	00:23
35	München - Olympiaturm	08:53:02	00:23
36	Tegernsee (Di,Do,Sa)	08:53:25	00:00
	Schliersee (Mo,Mi,Fr)	08:53:25	00:23
37	Bayrischzell - Wendelstein (Di,Do,Sa)	08:53:48	00:00
	Bayrischzell - Sudelfeld (Mo,Mi,Fr)	08:53:48	00:24
38	Prien am Chiemsee	08:54:12	00:24
39	Bad Endorf	08:54:36	00:24
40	Oberaudorf	08:55:00	00:24
41	Ruhpolding	08:55:24	00:24
42	Berchtesgaden	08:55:48	00:24
43	Bad Reichenhall - RupertusTherme	08:56:12	00:24
44	Bad Reichenhall	08:56:36	00:24
45	Bad Birnbach	08:57:00	00:24
46	Passau	08:57:24	00:24
47	Bodenmais	08:57:48	00:24
48	Klínovec	08:58:12	00:24
49	Pec pod Snezkou	08:58:36	00:24
50	Spital am Pyhrn / Hinterstoder / Windischgarsten	08:59:00	00:24
51	Flachau / Wagrain / St. Johann im Pongau	08:59:24	00:24
52	Rauris	08:59:48	00:24
53	Hermagor - Nassfeld	09:00:12	00:24
54	Waidring	09:00:36	00:24
55	Ehrwald	09:01:00	00:24
56	Tannheim (Mi)	09:01:24	00:00
	Zöblen (Do)	09:01:24	00:00
	Grän (Mo,Fr)	09:01:24	00:00
	Jungholz (Di,Sa)	09:01:24	00:24
57	Ischgl / Samnaun	09:01:48	00:24
58	Ratschings	09:02:12	00:24
59	Riva del Garda	09:02:36	00:24
60	St. Moritz	09:03:00	00:24
61	Savognin	09:03:24	00:24
62	Zermatt	09:03:48	00:24
63	Bokrijk	09:04:12	00:24
64	Vall de Boí - Pla de L'Ermita	09:04:36	00:24
	Programminformation "ARD-Alpha C Mo-Sa"	09:05:00	

Nr.	Ort	Beginn	Dauer
1	Kampen	08:45:00	00:28
2	St. Peter-Ording	08:45:28	00:28
3	Mönchgut	08:45:56	00:28
4	Timmendorfer Strand - Maritim Seehotel	08:46:24	00:28
5	Langeoog	08:46:52	00:28
6	Schillig ()	08:47:20	00:00
	Hooksiel (So)	08:47:20	00:00
	Horumersiel ()	08:47:20	00:28
7	Butjadingen	08:47:48	00:28
8	Emden	08:48:16	00:28
9	Bad Salzuflen	08:48:44	00:28
10	Wernigerode ()	08:49:12	00:00
	Wernigerode - Brocken (So)	08:49:12	00:28
11	Willingen	08:49:40	00:28
12	Winterberg	08:50:08	00:28
13	Medebach	08:50:36	00:28
14	Koblenz	08:51:04	00:28
15	Rüdesheim	08:51:32	00:28
16	Gersfeld	08:52:00	00:28
17	Bad Staffelstein	08:52:28	00:28
18	Fichtelberg	08:52:56	00:28
19	Oberwiesenthal	08:53:24	00:28
20	Nohfelden-Bosen - Bostalsee	08:53:52	00:28
21	Bad Mergentheim	08:54:20	00:28
22	Nürnberg	08:54:48	00:28
23	Ingolstadt	08:55:16	00:28
24	Donauwörth	08:55:44	00:28
25	Calw	08:56:12	00:28
26	Beuren ()	08:56:40	00:00
	St. Johann (So)	08:56:40	00:28
27	Münsingen ()	08:57:08	00:00
	Hayingen (So)	08:57:08	00:00
	Westerheim ()	08:57:08	00:28
	Region Oberallgäu		
28	Bad Hindelang ()	08:57:36	00:00
	Oberstdorf - Schanze ()	08:57:36	00:00
	Oberstdorf - Nebelhorn ()	08:57:36	00:00
	Oberstdorf - Fellhorn (So)	08:57:36	00:28
29	Riezlern - Kanzelwand ()	08:58:04	00:00
	Oberstaufen - Hochgrat ()	08:58:04	00:00
	Oberstaufen - Hündle ()	08:58:04	00:00
	Oberstaufen (So)	08:58:04	00:28
30	Füssen - Schwangau - Tegelberg ()	08:58:32	00:00
	Schwangau - Hohenschwangau ()	08:58:32	00:00
	Füssen - Festspielhaus (So)	08:58:32	00:28

31	Grainau	08:59:00	00:28
	Region Tölzer Land		
32	Tölzer Land - Kochel am See ()	08:59:28	00:00
	Lenggries (So)	08:59:28	00:28
33	Bad Tölz ()	08:59:56	00:00
	Münsing (So)	08:59:56	00:28
34	München	09:00:24	00:28
35	München - Olympiaturm	09:00:52	00:28
36	Tegernsee ()	09:01:20	00:00
	Schliersee (So)	09:01:20	00:28
37	Bayrischzell - Wendelstein ()	09:01:48	00:00
	Bayrischzell - Sudelfeld (So)	09:01:48	00:28
38	Prien am Chiemsee	09:02:16	00:28
39	Bad Endorf	09:02:44	00:28
40	Oberaudorf	09:03:12	00:28
41	Ruhpolding	09:03:40	00:28
42	Berchtesgaden	09:04:08	00:28
43	Bad Reichenhall - RupertusTherme	09:04:36	00:28
44	Bad Reichenhall	09:05:04	00:28
45	Bad Birnbach	09:05:32	00:28
46	Passau	09:06:00	00:28
47	Bodenmais	09:06:28	00:28
48	Klínovec	09:06:56	00:28
49	Pec pod Snezkou	09:07:24	00:28
50	Spital am Pyhrn / Hinterstoder / Windischgarsten	09:07:52	00:28
51	Flachau / Wagrain / St. Johann im Pongau	09:08:20	00:28
52	Rauris	09:08:48	00:28
53	Hermagor - Nassfeld	09:09:16	00:28
54	Waidring	09:09:44	00:28
55	Ehrwald	09:10:12	00:28
56	Tannheim (So)	09:10:40	00:00
	Zöblen ()	09:10:40	00:00
	Grän ()	09:10:40	00:00
	Jungholz ()	09:10:40	00:28
57	Ischgl / Samnaun	09:11:08	00:29
58	Ratschings	09:11:37	00:29
59	Riva del Garda	09:12:06	00:29
60	St. Moritz	09:12:35	00:29
61	Savognin	09:13:04	00:29
62	Zermatt	09:13:33	00:29
63	Bokrijk	09:14:02	00:29
64	Vall de Boí - Pla de L'Ermita	09:14:31	00:29
	Programminformation "ARD-alpha C So"	09:15:00	

Nr.	Ort	Beginn	Dauer
1	Kampen	09:05:00	00:23
2	St. Peter-Ording	09:05:23	00:23
3	Mönchgut	09:05:46	00:23
4	Timmendorfer Strand - Maritim Seehotel	09:06:09	00:23
5	Langeoog	09:06:32	00:23
6	Schillig (Di,Fr)	09:06:55	00:00
	Hooksiel (Mi,Sa)	09:06:55	00:00
	Horumersiel (Mo,Do)	09:06:55	00:23
7	Butjadingen	09:07:18	00:23
8	Emden	09:07:41	00:23
9	Bad Salzuflen	09:08:04	00:23
10	Wernigerode (Mo,Mi,Fr)	09:08:27	00:00
	Wernigerode - Brocken (Di,Do,Sa)	09:08:27	00:23
11	Willingen	09:08:50	00:23
12	Winterberg	09:09:13	00:23
13	Medebach	09:09:36	00:23
14	Koblenz	09:09:59	00:23
15	Rüdesheim	09:10:22	00:23
16	Gersfeld	09:10:45	00:23
17	Bad Staffelstein	09:11:08	00:23
18	Fichtelberg	09:11:31	00:23
19	Oberwiesenthal	09:11:54	00:23
20	Nohfelden-Bosen - Bostalsee	09:12:17	00:23
21	Bad Mergentheim	09:12:40	00:23
22	Nürnberg	09:13:03	00:23
23	Ingolstadt	09:13:26	00:23
24	Donauwörth	09:13:49	00:23
25	Bad Teinach-Zavelstein	09:14:12	00:23
26	Beuren (Mo,Mi,Fr)	09:14:35	00:00
	St. Johann (Di,Do,Sa)	09:14:35	00:23
27	Münsingen (Di,Fr)	09:14:58	00:00
	Hayingen (Mi,Sa)	09:14:58	00:00
	Westerheim (Mo,Do)	09:14:58	00:23
	Region Oberallgäu		
28	Bad Hindelang (Mi)	09:15:21	00:00
	Oberstdorf - Schanze ()	09:15:21	00:00
	Oberstdorf - Nebelhorn (Mo,Do,Fr)	09:15:21	00:00
	Oberstdorf - Fellhorn (Di,Sa)	09:15:21	00:23
29	Riezlern - Kanzelwand (Mi)	09:15:44	00:00
	Oberstaufen - Hochgrat (Do)	09:15:44	00:00
	Oberstaufen - Hündle (Mo,Fr)	09:15:44	00:00
	Oberstaufen (Di,Sa)	09:15:44	00:23
30	Füssen - Schwangau - Tegelberg (Mi,Sa)	09:16:07	00:00
	Schwangau - Hohenschwangau (Mo,Do)	09:16:07	00:00
	Füssen - Festspielhaus (Di,Fr)	09:16:07	00:23

31	Grainau	09:16:30	00:23
	Region Tölzer Land		
32	Tölzer Land - Kochel am See (Mo,Mi,Fr)	09:16:53	00:00
	Lenggries (Di,Do,Sa)	09:16:53	00:23
33	Bad Tölz (Mo,Mi,Fr)	09:17:16	00:00
	Münsing (Di,Do,Sa)	09:17:16	00:23
34	München	09:17:39	00:23
35	München - Olympiaturm	09:18:02	00:23
36	Tegernsee (Mo,Mi,Fr)	09:18:25	00:00
	Schliersee (Di,Do,Sa)	09:18:25	00:23
37	Bayrischzell - Wendelstein (Mo,Mi,Fr)	09:18:48	00:00
	Bayrischzell - Sudelfeld (Di,Do,Sa)	09:18:48	00:23
38	Prien am Chiemsee	09:19:11	00:23
39	Bad Endorf	09:19:34	00:23
40	Oberaudorf	09:19:57	00:23
41	Ruhpolding	09:20:20	00:23
42	Berchtesgaden	09:20:43	00:23
43	Bad Reichenhall - RupertusTherme	09:21:06	00:23
44	Bad Reichenhall	09:21:29	00:23
45	Bad Birnbach	09:21:52	00:23
46	Passau	09:22:15	00:23
47	Bodenmais	09:22:38	00:23
48	Pilsen	09:23:01	00:23
49	Janské Lázně	09:23:24	00:22
50	Podersdorf	09:23:46	00:22
51	Turrach	09:24:08	00:22
52	Schladming	09:24:30	00:22
53	Salzburg	09:24:52	00:22
54	Kaprun	09:25:14	00:22
55	Kitzbühel	09:25:36	00:22
56	Innsbruck	09:25:58	00:22
57	Berwang	09:26:20	00:22
58	St. Anton am Arlberg	09:26:42	00:22
59	Bruneck	09:27:04	00:22
60	Diano Marina	09:27:26	00:22
61	Stoos	09:27:48	00:22
62	Aletsch Arena	09:28:10	00:22
63	Mechelen	09:28:32	00:22
64	Brugge	09:28:54	00:22
65	Soldeu - Espiolets	09:29:16	00:22
66	Cerler - Ampriu	09:29:38	00:22
	Ende	09:30:00	

Nr.	Ort	Beginn	Dauer
1	Kampen	09:15:00	00:28
2	St. Peter-Ording	09:15:28	00:28
3	Mönchgut	09:15:56	00:28
4	Timmendorfer Strand - Maritim Seehotel	09:16:24	00:28
5	Langeoog	09:16:52	00:28
6	Schillig ()	09:17:20	00:00
	Hooksiel ()	09:17:20	00:00
	Horumersiel (So)	09:17:20	00:28
7	Butjadingen	09:17:48	00:28
8	Emden	09:18:16	00:28
9	Bad Salzuflen	09:18:44	00:28
10	Wernigerode (So)	09:19:12	00:00
	Wernigerode - Brocken ()	09:19:12	00:28
11	Willingen	09:19:40	00:28
12	Winterberg	09:20:08	00:28
13	Medebach	09:20:36	00:28
14	Koblenz	09:21:04	00:28
15	Rüdesheim	09:21:32	00:28
16	Gersfeld	09:22:00	00:28
17	Bad Staffelstein	09:22:28	00:28
18	Fichtelberg	09:22:56	00:28
19	Oberwiesenthal	09:23:24	00:27
20	Nohfelden-Bosen - Bostalsee	09:23:51	00:27
21	Bad Mergentheim	09:24:18	00:27
22	Nürnberg	09:24:45	00:27
23	Ingolstadt	09:25:12	00:27
24	Donauwörth	09:25:39	00:27
25	Bad Teinach-Zavelstein	09:26:06	00:27
26	Beuren (So)	09:26:33	00:00
	St. Johann ()	09:26:33	00:27
27	Münsingen ()	09:27:00	00:00
	Hayingen ()	09:27:00	00:00
	Westerheim (So)	09:27:00	00:27
	Region Oberallgäu		
28	Bad Hindelang (So)	09:27:27	00:00
	Oberstdorf - Schanze ()	09:27:27	00:00
	Oberstdorf - Nebelhorn ()	09:27:27	00:00
	Oberstdorf - Fellhorn ()	09:27:27	00:27
29	Riezlern - Kanzelwand (So)	09:27:54	00:00
	Oberstaufen - Hochgrat ()	09:27:54	00:00
	Oberstaufen - Hündle ()	09:27:54	00:00
	Oberstaufen ()	09:27:54	00:27
30	Füssen - Schwangau - Tegelberg ()	09:28:21	00:00
	Schwangau - Hohenschwangau (So)	09:28:21	00:00
	Füssen - Festspielhaus ()	09:28:21	00:27

31	Grainau	09:28:48	00:27
	Region Tölzer Land		
32	Tölzer Land - Kochel am See (So)	09:29:15	00:00
	Lenggries ()	09:29:15	00:27
33	Bad Tölz (So)	09:29:42	00:00
	Münsing ()	09:29:42	00:27
34	München	09:30:09	00:27
35	München - Olympiaturm	09:30:36	00:27
36	Tegernsee (So)	09:31:03	00:00
	Schliersee ()	09:31:03	00:27
37	Bayrischzell - Wendelstein (So)	09:31:30	00:00
	Bayrischzell - Sudelfeld ()	09:31:30	00:27
38	Prien am Chiemsee	09:31:57	00:27
39	Bad Endorf	09:32:24	00:27
40	Oberaudorf	09:32:51	00:27
41	Ruhpolding	09:33:18	00:27
42	Berchtesgaden	09:33:45	00:27
43	Bad Reichenhall - RupertusTherme	09:34:12	00:27
44	Bad Reichenhall	09:34:39	00:27
45	Bad Birnbach	09:35:06	00:27
46	Passau	09:35:33	00:27
47	Bodenmais	09:36:00	00:27
48	Pilsen	09:36:27	00:27
49	Janské Lázně	09:36:54	00:27
50	Podersdorf	09:37:21	00:27
51	Turrach	09:37:48	00:27
52	Schladming	09:38:15	00:27
53	Salzburg	09:38:42	00:27
54	Kaprun	09:39:09	00:27
55	Kitzbühel	09:39:36	00:27
56	Innsbruck	09:40:03	00:27
57	Berwang	09:40:30	00:27
58	St. Anton am Arlberg	09:40:57	00:27
59	Bruneck	09:41:24	00:27
60	Diano Marina	09:41:51	00:27
61	Stoos	09:42:18	00:27
62	Aletsch Arena	09:42:45	00:27
63	Mechelen	09:43:12	00:27
64	Brugge	09:43:39	00:27
65	Soldeu - Espiolets	09:44:06	00:27
66	Cerler - Ampriu	09:44:33	00:27
	Ende	09:45:00	