

| Nr. | Ort | Beginn | Dauer |
|-----|--|----------|-------|
| | Vorspann | 08:00:00 | 00:22 |
| 1 | München | 08:00:22 | 00:31 |
| 2 | Nürnberg | 08:00:53 | 00:31 |
| 3 | Bad Staffelstein | 08:01:24 | 00:31 |
| 4 | Fichtelberg | 08:01:55 | 00:31 |
| 5 | Bodenmais | 08:02:26 | 00:31 |
| 6 | Bad Birnbach | 08:02:57 | 00:31 |
| 7 | Region Oberallgäu | 08:03:28 | 00:31 |
| 8 | Berchtesgaden | 08:03:59 | 00:31 |
| 9 | Bad Reichenhall | 08:04:30 | 00:31 |
| 10 | Aschau | 08:05:01 | 00:31 |
| 11 | Bad Endorf | 08:05:32 | 00:31 |
| 12 | Prien am Chiemsee | 08:06:03 | 00:31 |
| 13 | Oberaudorf | 08:06:34 | 00:31 |
| 14 | Tegernsee (Mo,Mi,Fr,So) | 08:07:05 | 00:00 |
| | Schliersee (Di,Do,Sa) | 08:07:05 | 00:31 |
| 15 | Bayrischzell - Sudelfeld (Mo,Mi,Fr,So) | 08:07:36 | 00:00 |
| | Bayrischzell - Wendelstein (Di,Do,Sa) | 08:07:36 | 00:31 |
| | Tölzer Land | | |
| 16 | Bad Tölz (Mi,So) | 08:08:07 | 00:00 |
| | Lenggries (Do) | 08:08:07 | 00:00 |
| | Kochel am See (Mo,Fr) | 08:08:07 | 00:00 |
| | Münsing (Di,Sa) | 08:08:07 | 00:31 |
| 17 | Füssen - Schwangau - Tegelberg | 08:08:38 | 00:31 |
| 18 | Region Oberallgäu | 08:09:09 | 00:31 |
| 19 | Tannheim (Fr) | 08:09:40 | 00:00 |
| | Zöblen (Mo,Sa) | 08:09:40 | 00:00 |
| | Grän (Di,So) | 08:09:40 | 00:00 |
| | Jungholz (Mi) | 08:09:40 | 00:00 |
| | Nesselwängle (Do) | 08:09:40 | 00:31 |
| 20 | Ehrwald | 08:10:11 | 00:31 |
| 21 | Lermoos | 08:10:42 | 00:31 |
| 22 | Jerzens | 08:11:13 | 00:31 |
| 23 | Schnals - Schnalstaler Gletscher | 08:11:44 | 00:31 |
| 24 | Serfaus (Mo,Mi,Fr,So) | 08:12:15 | 00:00 |
| | Fiss (Di,Do,Sa) | 08:12:15 | 00:31 |
| 25 | Kappl (Mo,Mi,Fr,So) | 08:12:46 | 00:00 |
| | Galtür (Di,Do,Sa) | 08:12:46 | 00:31 |
| 26 | Ischgl | 08:13:17 | 00:31 |
| 27 | St. Anton am Arlberg | 08:13:48 | 00:31 |
| 28 | Lech / Zürs | 08:14:19 | 00:31 |
| 29 | Region Oberallgäu | 08:14:50 | 00:31 |
| 30 | Neustift - Stubai Gletscher | 08:15:21 | 00:31 |
| 31 | Hall in Tirol - Tulfes (Mo,Mi,Fr,So) | 08:15:52 | 00:00 |
| | Schwaz (Di,Do,Sa) | 08:15:52 | 00:31 |

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|----|--|----------|-------|
| 32 | Hintertux | 08:16:23 | 00:31 |
| 33 | Finkenberg | 08:16:54 | 00:31 |
| 34 | Aschau im Zillertal (Mo,Do,So) | 08:17:25 | 00:00 |
| | Hochfügen (Di,Fr) | 08:17:25 | 00:00 |
| | Fügen (Mi,Sa) | 08:17:25 | 00:32 |
| 35 | Maurach | 08:17:57 | 00:32 |
| 36 | Achenkirch (Mo,Mi,Fr,So) | 08:18:29 | 00:00 |
| | Pertisau (Di,Do,Sa) | 08:18:29 | 00:32 |
| 37 | Region Oberallgäu | 08:19:01 | 00:32 |
| 38 | Hopfgarten (Mo,So) | 08:19:33 | 00:00 |
| | Ellmau (Di) | 08:19:33 | 00:00 |
| | Scheffau (Mi) | 08:19:33 | 00:00 |
| | Westendorf (Do) | 08:19:33 | 00:00 |
| | Brixen im Thale (Fr) | 08:19:33 | 00:00 |
| | Söll (Sa) | 08:19:33 | 00:32 |
| 39 | Kitzbühel | 08:20:05 | 00:32 |
| 40 | Kössen | 08:20:37 | 00:32 |
| 41 | Waidring - Steinplatte | 08:21:09 | 00:32 |
| 42 | Hermagor - Nassfeld | 08:21:41 | 00:32 |
| 43 | Kaprun | 08:22:13 | 00:32 |
| 44 | Zell am See | 08:22:45 | 00:32 |
| 45 | Großarl (Mo,Mi,Fr,So) | 08:23:17 | 00:00 |
| | Dorfgastein (Di,Do,Sa) | 08:23:17 | 00:32 |
| 46 | Region Oberallgäu | 08:23:49 | 00:32 |
| 47 | Werfenweng | 08:24:21 | 00:32 |
| 48 | Flachau / Wagrain / St. Johann im Pongau | 08:24:53 | 00:32 |
| 49 | Zauchensee | 08:25:25 | 00:32 |
| 50 | Obertauern | 08:25:57 | 00:32 |
| 51 | Schladming | 08:26:29 | 00:32 |
| 52 | Spital am Pyhrn / Hinterstoder / Windischgarsten | 08:27:01 | 00:32 |
| 53 | Klaffer am Hochficht - Böhmerwald | 08:27:33 | 00:32 |
| 54 | Region Oberallgäu | 08:28:05 | 00:32 |
| | Vorspann FlyingCam | 08:28:37 | 00:11 |
| 1 | Bad Staffelstein | 08:28:48 | 00:31 |
| 2 | Bad Endorf | 08:29:19 | 00:33 |
| | Nachspann | 08:29:52 | 00:08 |
| | Programminformation "münchen.tv B Mo-Fr" | 08:30:00 | |

| Nr. | Ort | Beginn | Dauer |
|-----|--|----------|-------|
| | Vorspann | 07:30:00 | 00:22 |
| 1 | München | 07:30:22 | 00:33 |
| 2 | Nürnberg | 07:30:55 | 00:33 |
| 3 | Bad Staffelstein | 07:31:28 | 00:33 |
| 4 | Fichtelberg | 07:32:01 | 00:33 |
| 5 | Bodenmais | 07:32:34 | 00:33 |
| 6 | Bad Birnbach | 07:33:07 | 00:33 |
| 7 | Region Oberallgäu | 07:33:40 | 00:33 |
| 8 | Berchtesgaden | 07:34:13 | 00:33 |
| 9 | Bad Reichenhall | 07:34:46 | 00:33 |
| 10 | Aschau | 07:35:19 | 00:33 |
| 11 | Bad Endorf | 07:35:52 | 00:33 |
| 12 | Prien am Chiemsee | 07:36:25 | 00:33 |
| 13 | Oberaudorf | 07:36:58 | 00:33 |
| 14 | Tegernsee (Di,Do,Sa) | 07:37:31 | 00:00 |
| | Schliersee (Mo,Mi,Fr,So) | 07:37:31 | 00:33 |
| 15 | Bayrischzell - Sudelfeld (Di,Do,Sa) | 07:38:04 | 00:00 |
| | Bayrischzell - Wendelstein (Mo,Mi,Fr,So) | 07:38:04 | 00:33 |
| | Tölzer Land | | |
| 16 | Bad Tölz (Mo,Fr) | 07:38:37 | 00:00 |
| | Lenggries (Di,So) | 07:38:37 | 00:00 |
| | Kochel am See (Mi,Sa) | 07:38:37 | 00:00 |
| | Münsing (Do) | 07:38:37 | 00:33 |
| 17 | Füssen - Schwangau - Tegelberg | 07:39:10 | 00:33 |
| 18 | Region Oberallgäu | 07:39:43 | 00:33 |
| 19 | Tannheim (Mi) | 07:40:16 | 00:00 |
| | Zöblen (Do) | 07:40:16 | 00:00 |
| | Grän (Fr) | 07:40:16 | 00:00 |
| | Jungholz (Mo,Sa) | 07:40:16 | 00:00 |
| | Nesselwängle (Di,So) | 07:40:16 | 00:33 |
| 20 | Ehrwald | 07:40:49 | 00:33 |
| 21 | Lermoos | 07:41:22 | 00:33 |
| 22 | Jerzens | 07:41:55 | 00:33 |
| 23 | Schnals - Schnalstaler Gletscher | 07:42:28 | 00:33 |
| 24 | Serfaus (Di,Do,Sa) | 07:43:01 | 00:00 |
| | Fiss (Mo,Mi,Fr,So) | 07:43:01 | 00:33 |
| 25 | Kappl (Di,Do,Sa) | 07:43:34 | 00:00 |
| | Galtür (Mo,Mi,Fr,So) | 07:43:34 | 00:33 |
| 26 | Ischgl | 07:44:07 | 00:33 |
| 27 | St. Anton am Arlberg | 07:44:40 | 00:33 |
| 28 | Lech / Zürs | 07:45:13 | 00:33 |
| 29 | Region Oberallgäu | 07:45:46 | 00:33 |
| 30 | Neustift - Stubai Gletscher | 07:46:19 | 00:33 |
| 31 | Hall in Tirol - Tulfes (Sa) | 07:46:52 | 00:00 |
| | Schwaz (So) | 07:46:52 | 00:33 |

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|----|--|----------|-------|
| 32 | Hintertux | 07:47:25 | 00:33 |
| 33 | Finkenberg | 07:47:58 | 00:33 |
| 34 | Aschau im Zillertal (Di,Fr) | 07:48:31 | 00:00 |
| | Hochfügen (Mi,Sa) | 07:48:31 | 00:00 |
| | Fügen (Mo,Do,So) | 07:48:31 | 00:33 |
| 35 | Maurach | 07:49:04 | 00:33 |
| 36 | Achenkirch (Di,Do,Sa) | 07:49:37 | 00:00 |
| | Pertisau (Mo,Mi,Fr,So) | 07:49:37 | 00:33 |
| 37 | Region Oberallgäu | 07:50:10 | 00:33 |
| 38 | Hopfgarten (Fr) | 07:50:43 | 00:00 |
| | Ellmau (Sa) | 07:50:43 | 00:00 |
| | Scheffau (Mo,So) | 07:50:43 | 00:00 |
| | Westendorf (Di) | 07:50:43 | 00:00 |
| | Brixen im Thale (Mi) | 07:50:43 | 00:00 |
| | Söll (Do) | 07:50:43 | 00:33 |
| 39 | Kitzbühel | 07:51:16 | 00:33 |
| 40 | Kössen | 07:51:49 | 00:33 |
| 41 | Waidring - Steinplatte | 07:52:22 | 00:33 |
| 42 | Hermagor - Nassfeld | 07:52:55 | 00:33 |
| 43 | Kaprun | 07:53:28 | 00:32 |
| 44 | Zell am See | 07:54:00 | 00:32 |
| 45 | Großarl (Di,Do,Sa) | 07:54:32 | 00:00 |
| | Dorfgastein (Mo,Mi,Fr,So) | 07:54:32 | 00:32 |
| 46 | Region Oberallgäu | 07:55:04 | 00:32 |
| 47 | Werfenweng | 07:55:36 | 00:32 |
| 48 | Flachau / Wagrain / St. Johann im Pongau | 07:56:08 | 00:32 |
| 49 | Zauchensee | 07:56:40 | 00:32 |
| 50 | Obertauern | 07:57:12 | 00:32 |
| 51 | Schladming | 07:57:44 | 00:32 |
| 52 | Spital am Pyhrn / Hinterstoder / Windischgarsten | 07:58:16 | 00:32 |
| 53 | Klaffer am Hochficht - Böhmerwald | 07:58:48 | 00:32 |
| 54 | Region Oberallgäu | 07:59:20 | 00:32 |
| | Nachspann | 07:59:52 | 00:08 |
| | Programminformation "münchen.tv A" | 08:00:00 | |