



Nr.:	Ort:	Beginn:	Dauer:
	Opener	09:00:00	00:05
1	Alden Biesen	09:00:05	00:31
2	Zonhoven	09:00:36	00:31
3	Beringen	09:01:07	00:31
4	Lubbeek	09:01:38	00:31
5	Mechelen	09:02:09	00:31
6	Pajottenland	09:02:40	00:31
7	Brugge	09:03:11	00:31
8	De Haan	09:03:42	00:31
9	Drimmelen	09:04:13	00:31
10	Kössen	09:04:44	00:31
11	Aschau im Zillertal (Mo,Do,So)	09:05:15	00:00
	Hochfügen (Di,Fr)	09:05:15	00:00
	Fügen (Mi,Sa)	09:05:15	00:31
12	Finkenberg	09:05:46	00:31
13	Hintertux	09:06:17	00:31
14	Neustift - Stubaier Gletscher	09:06:48	00:31
15	Steinach am Brenner (Mo,Do,So)	09:07:19	00:00
	Matrei am Brenner (Di,Fr)	09:07:19	00:00
	Obernberg am Brenner (Mi,Sa)	09:07:19	00:31
16	Ratschings	09:07:50	00:31
17	Schnals	09:08:21	00:31
18	Berwang	09:08:52	00:31
19	Lermoos	09:09:23	00:31
20	Ehrwald	09:09:54	00:31
21	Fiss (Mo,Mi,Fr,So)	09:10:25	00:00
	Serfaus (Di,Do,Sa)	09:10:25	00:31
22	Galtür (Mo,Mi,Fr,So)	09:10:56	00:00
	Kappl (Di,Do,Sa)	09:10:56	00:31
23	Lech / Zürs	09:11:27	00:31
24	Savognin	09:11:58	00:31
	Region Oberallgäu		
25	Bad Hindelang (Mo,Fr)	09:12:29	00:00
	Oberstdorf (Di,Sa)	09:12:29	00:00
	Oberstdorf - Nebelhorn (Mi,So)	09:12:29	00:00
	Oberstdorf - Fellhorn (Do)	09:12:29	00:31
26	Riezlern - Kanzelwand (Mo,Fr)	09:13:00	00:00
	Oberstaufen - Hochgrat (Di,Sa)	09:13:00	00:00
	Oberstaufen - Hündle (Mi,So)	09:13:00	00:00
	Oberstaufen (Do)	09:13:00	00:31
27	Winterberg (Mo,Mi,Fr,So)	09:13:31	00:00
	Winterberg (Di,Do,Sa)	09:13:31	00:31
28	Willingen - Ettelsberg (Mo,Mi,Fr,So)	09:14:02	00:00
	Willingen - Hochsauerland (Di,Do,Sa)	09:14:02	00:31
29	Nürnberg	09:14:33	00:31

Sommer 2019

Programminformation één A

Sa, So 9.00 - 9.30 Uhr Wiederholung stündlich bis 11.30 Uhr

Mo - Fr 9.00 - 9.30 Uhr und 12.00 - 12.20 Uhr



30	München	09:15:04	00:32
31	Alden Biesen	09:15:36	00:32
32	Zonhoven	09:16:08	00:32
33	Beringen	09:16:40	00:32
34	Lubbeek	09:17:12	00:32
35	Mechelen	09:17:44	00:32
36	Pajottenland	09:18:16	00:32
37	Brugge	09:18:48	00:32
38	De Haan	09:19:20	00:32
39	Drimmelen	09:19:52	00:32
40	Wien	09:20:24	00:32
41	Lackenhof am Ötscher	09:20:56	00:32
42	Göstling	09:21:28	00:32
43	Spital am Pyhrn / Hinterstoder / Windischgarsten	09:22:00	00:32
44	Klaffer am Hochficht - Böhmerwald	09:22:32	00:32
45	Hermagor - Nassfeld	09:23:04	00:32
46	Neukirchen - Bramberg	09:23:36	00:32
47	Rauris	09:24:08	00:32
48	St. Johann im Pongau	09:24:40	00:32
49	Wagrain	09:25:12	00:32
50	Flachau	09:25:44	00:32
51	Eben im Pongau	09:26:16	00:32
52	Filzmoos	09:26:48	00:32
53	Zauchensee	09:27:20	00:32
54	Obertauern	09:27:52	00:32
55	Mauterndorf	09:28:24	00:32
56	Mariapfarr	09:28:56	00:32
57	Rennweg / St. Margarethen	09:29:28	00:32
	program information "één-B"	09:30:00	

Nr.:	Ort:	Beginn:	Dauer:
	Opener	09:30:00	00:05
1	Alden Biesen	09:30:05	00:32
2	Zonhoven	09:30:37	00:32
3	Beringen	09:31:09	00:32
4	Lubbeek	09:31:41	00:32
5	Mechelen	09:32:13	00:32
6	Pajottenland	09:32:45	00:32
7	Brugge	09:33:17	00:32
8	De Haan	09:33:49	00:32
9	Drimmelen	09:34:21	00:32
10	Kössen	09:34:53	00:32
11	Aschau im Zillertal (Mi,Sa)	09:35:25	00:00
	Hochfügen (Mo,Do,So)	09:35:25	00:00
	Fügen (Di,Fr)	09:35:25	00:32
12	Finkenberg	09:35:57	00:32
13	Hintertux	09:36:29	00:32
14	Neustift - Stubaier Gletscher	09:37:01	00:32
15	Steinach am Brenner (Di,Fr)	09:37:33	00:00
	Matrei am Brenner (Mi,Sa)	09:37:33	00:00
	Obernberg am Brenner (Mo,Do,So)	09:37:33	00:32
16	Ratschings	09:38:05	00:32
17	Schnals	09:38:37	00:32
18	Berwang	09:39:09	00:32
19	Lermoos	09:39:41	00:32
20	Ehrwald	09:40:13	00:32
21	Fiss (Di,Do,Sa)	09:40:45	00:00
	Serfaus (Mo,Mi,Fr,So)	09:40:45	00:32
22	Galtür (Di,Do,Sa)	09:41:17	00:00
	Kappl (Mo,Mi,Fr,So)	09:41:17	00:32
23	Lech / Zürs	09:41:49	00:32
24	Savognin	09:42:21	00:32
	Region Oberallgäu		
25	Bad Hindelang (Mi,So)	09:42:53	00:00
	Oberstdorf (Do)	09:42:53	00:00
	Oberstdorf - Nebelhorn (Mo,Fr)	09:42:53	00:00
	Oberstdorf - Fellhorn (Di,Sa)	09:42:53	00:32
26	Riezlern - Kanzelwand (Mi,So)	09:43:25	00:00
	Oberstaufen - Hochgrat (Do)	09:43:25	00:00
	Oberstaufen - Hündle (Mo,Fr)	09:43:25	00:00
	Oberstaufen (Di,Sa)	09:43:25	00:32
27	Winterberg (Di,Do,Sa)	09:43:57	00:00
	Winterberg (Mo,Mi,Fr,So)	09:43:57	00:32
28	Willingen - Ettelsberg (Di,Do,Sa)	09:44:29	00:00
	Willingen - Hochsauerland (Mo,Mi,Fr,So)	09:44:29	00:32
29	Nürnberg	09:45:01	00:31



30	München	09:45:32	00:31
31	Alden Biesen	09:46:03	00:31
32	Zonhoven	09:46:34	00:31
33	Beringen	09:47:05	00:31
34	Lubbeek	09:47:36	00:31
35	Mechelen	09:48:07	00:31
36	Pajottenland	09:48:38	00:31
37	Brugge	09:49:09	00:31
38	De Haan	09:49:40	00:31
39	Drimmelen	09:50:11	00:31
40	Wien	09:50:42	00:31
41	Lackenhof am Ötscher	09:51:13	00:31
42	Göstling	09:51:44	00:31
43	Spital am Pyhrn / Hinterstoder / Windischgarsten	09:52:15	00:31
44	Klaffer am Hochficht - Böhmerwald	09:52:46	00:31
45	Hermagor - Nassfeld	09:53:17	00:31
46	Neukirchen - Bramberg	09:53:48	00:31
47	Rauris	09:54:19	00:31
48	St. Johann im Pongau	09:54:50	00:31
49	Wagrain	09:55:21	00:31
50	Flachau	09:55:52	00:31
51	Eben im Pongau	09:56:23	00:31
52	Filzmoos	09:56:54	00:31
53	Zauchensee	09:57:25	00:31
54	Obertauern	09:57:56	00:31
55	Mauterndorf	09:58:27	00:31
56	Mariapfarr	09:58:58	00:31
57	Rennweg / St. Margarethen	09:59:29	00:31
	program information "één-A"	10:00:00	