

Nr.	Ort	Beginn	Dauer
1	Kampen	08:15:00	00:24
2	St. Peter-Ording	08:15:24	00:24
3	Timmendorfer Strand	08:15:48	00:24
4	Norden-Norddeich	08:16:12	00:24
5	Langeoog	08:16:36	00:24
6	Schillig	08:17:00	00:24
7	Butjadingen	08:17:24	00:24
8	Bad Salzuflen	08:17:48	00:24
9	Wernigerode (Mo,Mi,Fr)	08:18:12	00:00
	Wernigerode - Brocken (Di,Do,Sa)	08:18:12	00:24
10	Willingen	08:18:36	00:24
11	Winterberg	08:19:00	00:24
12	Medebach	08:19:24	00:24
13	Koblenz	08:19:48	00:24
14	Rüdesheim - Boosenburg	08:20:12	00:24
15	Bad Staffelstein	08:20:36	00:24
16	Fichtelberg	08:21:00	00:24
17	Oberwiesenthal	08:21:24	00:24
18	Nürnberg	08:21:48	00:24
19	Ingolstadt	08:22:12	00:24
20	Bad Herrenalb	08:22:36	00:24
21	Beuren (Mo,Mi,Fr)	08:23:00	00:00
	St. Johann (Di,Do,Sa)	08:23:00	00:24
22	Münsingen (Mo,Mi,Fr)	08:23:24	00:00
	Hayingen (Di,Do,Sa)	08:23:24	00:24
	Region Oberallgäu		
23	Bad Hindelang (Mo,Fr)	08:23:48	00:00
	Oberstdorf (Di,Sa)	08:23:48	00:00
	Oberstdorf - Nebelhorn (Mi)	08:23:48	00:00
	Oberstdorf - Fellhorn (Do)	08:23:48	00:24
24	Riezlern - Kanzelwand (Mo,Fr)	08:24:12	00:00
	Oberstaufen - Hochgrat (Di,Sa)	08:24:12	00:00
	Oberstaufen - Hündle (Mi)	08:24:12	00:00
	Oberstaufen (Do)	08:24:12	00:24
25	Füssen - Schwangau - Tegelberg (Mo,Do)	08:24:36	00:00
	Schwangau - Hohenschwangau (Di,Fr)	08:24:36	00:00
	Füssen - Festspielhaus (Mi,Sa)	08:24:36	00:24
26	Grainau	08:25:00	00:25
	Region Tölzer Land		
27	Kochel am See (Mo,Mi,Fr)	08:25:25	00:00
	Lenggries (Di,Do,Sa)	08:25:25	00:25
28	Bad Tölz (Mo,Mi,Fr)	08:25:50	00:00
	Münsing (Di,Do,Sa)	08:25:50	00:25
29	München	08:26:15	00:25
30	München Olympiaturm	08:26:40	00:25

31	Tegernsee (Mo,Mi,Fr)	08:27:05	00:00
	Schliersee (Di,Do,Sa)	08:27:05	00:25
32	Bayrischzell - Wendelstein (Mo,Mi,Fr)	08:27:30	00:00
	Bayrischzell - Sudelfeld (Di,Do,Sa)	08:27:30	00:25
33	Prien am Chiemsee	08:27:55	00:25
34	Bad Endorf	08:28:20	00:25
35	Oberaudorf	08:28:45	00:25
36	Berchtesgaden	08:29:10	00:25
37	Bad Reichenhall - RupertusTherme	08:29:35	00:25
38	Bad Reichenhall	08:30:00	00:25
39	Bad Birnbach	08:30:25	00:25
40	Passau	08:30:50	00:25
41	Bodenmais	08:31:15	00:25
42	Lipno	08:31:40	00:25
43	Spindleruv Mlýn	08:32:05	00:25
44	Dolní Morava	08:32:30	00:25
45	Graz	08:32:55	00:25
46	Murau - Kreischberg / Schönberg-Lachtal	08:33:20	00:25
47	Zauchensee	08:33:45	00:25
48	Großarl (Mo,Mi,Fr)	08:34:10	00:00
	Dorfgastein (Di,Do,Sa)	08:34:10	00:25
49	Zell am See	08:34:35	00:25
50	Achenkirch	08:35:00	00:25
51	Neustift - Stubaier Gletscher	08:35:25	00:25
52	Serfaus (Mo,Mi,Fr)	08:35:50	00:00
	Fiss (Di,Do,Sa)	08:35:50	00:25
53	Sexten - Helm Plateau	08:36:15	00:25
54	Silvaplana	08:36:40	00:25
55	Minusio / Paradiso / Bellinzona	08:37:05	00:25
56	Saas Fee	08:37:30	00:25
57	Zermatt - Gornergrat	08:37:55	00:25
58	Pajottenland	08:38:20	00:25
59	De Haan	08:38:45	00:25
60	Vallnord - Pal Arinsal	08:39:10	00:25
61	Cambrils	08:39:35	00:25
	Programminformation "ARD-alpha B Mo-Sa"	08:40:00	

Nr.	Ort	Beginn	Dauer
1	Kampen	08:15:00	00:29
2	St. Peter-Ording	08:15:29	00:29
3	Timmendorfer Strand	08:15:58	00:29
4	Norden-Norddeich	08:16:27	00:29
5	Langeoog	08:16:56	00:29
6	Schillig	08:17:25	00:29
7	Butjadingen	08:17:54	00:29
8	Bad Salzuflen	08:18:23	00:29
9	Wernigerode (So)	08:18:52	00:00
	Wernigerode - Brocken ()	08:18:52	00:29
10	Willingen	08:19:21	00:29
11	Winterberg	08:19:50	00:29
12	Medebach	08:20:19	00:29
13	Koblenz	08:20:48	00:29
14	Rüdesheim - Boosenburg	08:21:17	00:29
15	Bad Staffelstein	08:21:46	00:29
16	Fichtelberg	08:22:15	00:29
17	Oberwiesenthal	08:22:44	00:29
18	Nürnberg	08:23:13	00:29
19	Ingolstadt	08:23:42	00:29
20	Bad Herrenalb	08:24:11	00:29
21	Beuren (So)	08:24:40	00:00
	St. Johann ()	08:24:40	00:29
22	Münsingen (So)	08:25:09	00:00
	Hayingen ()	08:25:09	00:29
	Region Oberallgäu		
23	Bad Hindelang ()	08:25:38	00:00
	Oberstdorf ()	08:25:38	00:00
	Oberstdorf - Nebelhorn (So)	08:25:38	00:00
	Oberstdorf - Fellhorn ()	08:25:38	00:29
24	Riezlern - Kanzelwand ()	08:26:07	00:00
	Oberstaufen - Hochgrat ()	08:26:07	00:00
	Oberstaufen - Hündle (So)	08:26:07	00:00
	Oberstaufen ()	08:26:07	00:29
25	Füssen - Schwangau - Tegelberg (So)	08:26:36	00:00
	Schwangau - Hohenschwangau ()	08:26:36	00:00
	Füssen - Festspielhaus ()	08:26:36	00:29
26	Grainau	08:27:05	00:29
	Region Tölzer Land		
27	Kochel am See (So)	08:27:34	00:00
	Lenggries ()	08:27:34	00:29
28	Bad Tölz (So)	08:28:03	00:00
	Münsing ()	08:28:03	00:29
29	München	08:28:32	00:29
30	München Olympiaturm	08:29:01	00:29

31	Tegernsee (So)	08:29:30	00:00
	Schliersee ()	08:29:30	00:30
32	Bayrischzell - Wendelstein (So)	08:30:00	00:00
	Bayrischzell - Sudelfeld ()	08:30:00	00:30
33	Prien am Chiemsee	08:30:30	00:30
34	Bad Endorf	08:31:00	00:30
35	Oberaudorf	08:31:30	00:30
36	Berchtesgaden	08:32:00	00:30
37	Bad Reichenhall - RupertusTherme	08:32:30	00:30
38	Bad Reichenhall	08:33:00	00:30
39	Bad Birnbach	08:33:30	00:30
40	Passau	08:34:00	00:30
41	Bodenmais	08:34:30	00:30
42	Lipno	08:35:00	00:30
43	Spindleruv Mlýn	08:35:30	00:30
44	Dolní Morava	08:36:00	00:30
45	Graz	08:36:30	00:30
46	Murau - Kreischberg / Schönberg-Lachtal	08:37:00	00:30
47	Zauchensee	08:37:30	00:30
48	Großarl (So)	08:38:00	00:00
	Dorfgastein ()	08:38:00	00:30
49	Zell am See	08:38:30	00:30
50	Achenkirch	08:39:00	00:30
51	Neustift - Stubaier Gletscher	08:39:30	00:30
52	Serfaus (So)	08:40:00	00:00
	Fiss ()	08:40:00	00:30
53	Sexten - Helm Plateau	08:40:30	00:30
54	Silvaplana	08:41:00	00:30
55	Minusio / Paradiso / Bellinzona	08:41:30	00:30
56	Saas Fee	08:42:00	00:30
57	Zermatt - Gornergrat	08:42:30	00:30
58	Pajottenland	08:43:00	00:30
59	De Haan	08:43:30	00:30
60	Vallnord - Pal Arinsal	08:44:00	00:30
61	Cambrils	08:44:30	00:30
	Programminformation "ARD-alpha B So"	08:45:00	

Nr.	Ort	Beginn	Dauer
1	Kampen	08:40:00	00:25
2	St. Peter-Ording	08:40:25	00:25
3	Timmendorfer Strand	08:40:50	00:25
4	Norden-Norddeich	08:41:15	00:25
5	Langeoog	08:41:40	00:25
6	Hooksiel	08:42:05	00:25
7	Butjadingen	08:42:30	00:25
8	Bad Salzuflen	08:42:55	00:25
9	Wernigerode (Di,Do,Sa)	08:43:20	00:00
	Wernigerode - Brocken (Mo,Mi,Fr)	08:43:20	00:25
10	Willingen	08:43:45	00:25
11	Winterberg	08:44:10	00:25
12	Medebach	08:44:35	00:25
13	Koblenz	08:45:00	00:25
14	Rüdesheim - Boosenburg	08:45:25	00:25
15	Bad Staffelstein	08:45:50	00:25
16	Fichtelberg	08:46:15	00:25
17	Oberwiesenthal	08:46:40	00:25
18	Nürnberg	08:47:05	00:25
19	Ingolstadt	08:47:30	00:25
20	Calw	08:47:55	00:25
21	Beuren (Di,Do,Sa)	08:48:20	00:00
	St. Johann (Mo,Mi,Fr)	08:48:20	00:25
22	Münsingen (Di,Do,Sa)	08:48:45	00:00
	Hayingen (Mo,Mi,Fr)	08:48:45	00:25
	Region Oberallgäu		
23	Bad Hindelang (Do)	08:49:10	00:00
	Oberstdorf (Mo,Fr)	08:49:10	00:00
	Oberstdorf - Nebelhorn (Di,Sa)	08:49:10	00:00
	Oberstdorf - Fellhorn (Mi)	08:49:10	00:25
24	Riezlern - Kanzelwand (Do)	08:49:35	00:00
	Oberstaufen - Hochgrat (Mo,Fr)	08:49:35	00:00
	Oberstaufen - Hündle (Di,Sa)	08:49:35	00:00
	Oberstaufen (Mi)	08:49:35	00:25
25	Füssen - Schwangau - Tegelberg (Di,Fr)	08:50:00	00:00
	Schwangau - Hohenschwangau (Mi,Sa)	08:50:00	00:00
	Füssen - Festspielhaus (Mo,Do)	08:50:00	00:25
26	Grainau	08:50:25	00:25
	Region Tölzer Land		
27	Kochel am See (Di,Do,Sa)	08:50:50	00:00
	Lenggries (Mo,Mi,Fr)	08:50:50	00:25
28	Bad Tölz (Di,Do,Sa)	08:51:15	00:00
	Münsing (Mo,Mi,Fr)	08:51:15	00:25
29	München	08:51:40	00:25
30	München Olympiaturm	08:52:05	00:25

31	Tegernsee (Di,Do,Sa)	08:52:30	00:00
	Schliersee (Mo,Mi,Fr)	08:52:30	00:25
32	Bayrischzell - Wendelstein (Di,Do,Sa)	08:52:55	00:00
	Bayrischzell - Sudelfeld (Mo,Mi,Fr)	08:52:55	00:25
33	Prien am Chiemsee	08:53:20	00:25
34	Bad Endorf	08:53:45	00:25
35	Oberaudorf	08:54:10	00:25
36	Berchtesgaden	08:54:35	00:25
37	Bad Reichenhall - RupertusTherme	08:55:00	00:24
38	Bad Reichenhall	08:55:24	00:24
39	Bad Birnbach	08:55:48	00:24
40	Passau	08:56:12	00:24
41	Bodenmais	08:56:36	00:24
42	Klínovec	08:57:00	00:24
43	Pec pod Snezkou	08:57:24	00:24
44	Wien	08:57:48	00:24
45	Flachau	08:58:12	00:24
46	Rauris	08:58:36	00:24
47	Hermagor - Nassfeld	08:59:00	00:24
48	Waidring	08:59:24	00:24
49	Ehrwald	08:59:48	00:24
50	Tannheim (Do)	09:00:12	00:00
	Zöblen (Fr)	09:00:12	00:00
	Grän (Mo,Sa)	09:00:12	00:00
	Jungholz (Di)	09:00:12	00:00
	Nesselwängle (Mi)	09:00:12	00:24
51	Kaunertal	09:00:36	00:24
52	Ischgl / Samnaun	09:01:00	00:24
53	Ahrntal	09:01:24	00:24
54	Ratschings	09:01:48	00:24
55	Riva del Garda	09:02:12	00:24
56	St. Moritz	09:02:36	00:24
57	Zermatt	09:03:00	00:24
58	Alden Biesen	09:03:24	00:24
59	Bokrijk	09:03:48	00:24
60	Drimmelen	09:04:12	00:24
61	Vall de Boí	09:04:36	00:24
	Programminformation "ARD-Alpha C Mo-Sa"	09:05:00	

Nr.	Ort	Beginn	Dauer
1	Kampen	08:45:00	00:30
2	St. Peter-Ording	08:45:30	00:30
3	Timmendorfer Strand	08:46:00	00:30
4	Norden-Norddeich	08:46:30	00:30
5	Langeoog	08:47:00	00:30
6	Hooksiel	08:47:30	00:30
7	Butjadingen	08:48:00	00:30
8	Bad Salzuflen	08:48:30	00:30
9	Wernigerode ()	08:49:00	00:00
	Wernigerode - Brocken (So)	08:49:00	00:30
10	Willingen	08:49:30	00:30
11	Winterberg	08:50:00	00:30
12	Medebach	08:50:30	00:30
13	Koblenz	08:51:00	00:30
14	Rüdesheim - Boosenburg	08:51:30	00:30
15	Bad Staffelstein	08:52:00	00:30
16	Fichtelberg	08:52:30	00:30
17	Oberwiesenthal	08:53:00	00:30
18	Nürnberg	08:53:30	00:30
19	Ingolstadt	08:54:00	00:30
20	Calw	08:54:30	00:30
21	Beuren ()	08:55:00	00:00
	St. Johann (So)	08:55:00	00:30
22	Münsingen ()	08:55:30	00:00
	Hayingen (So)	08:55:30	00:30
	Region Oberallgäu		
23	Bad Hindelang ()	08:56:00	00:00
	Oberstdorf ()	08:56:00	00:00
	Oberstdorf - Nebelhorn ()	08:56:00	00:00
	Oberstdorf - Fellhorn (So)	08:56:00	00:30
24	Riezlern - Kanzelwand ()	08:56:30	00:00
	Oberstaufen - Hochgrat ()	08:56:30	00:00
	Oberstaufen - Hündle ()	08:56:30	00:00
	Oberstaufen (So)	08:56:30	00:30
25	Füssen - Schwangau - Tegelberg ()	08:57:00	00:00
	Schwangau - Hohenschwangau ()	08:57:00	00:00
	Füssen - Festspielhaus (So)	08:57:00	00:30
26	Grainau	08:57:30	00:30
	Region Tölzer Land		
27	Kochel am See ()	08:58:00	00:00
	Lenggries (So)	08:58:00	00:30
28	Bad Tölz ()	08:58:30	00:00
	Münsing (So)	08:58:30	00:30
29	München	08:59:00	00:30
30	München Olympiaturm	08:59:30	00:30

31	Tegernsee ()	09:00:00	00:00
	Schliersee (So)	09:00:00	00:30
32	Bayrischzell - Wendelstein ()	09:00:30	00:00
	Bayrischzell - Sudelfeld (So)	09:00:30	00:29
33	Prien am Chiemsee	09:00:59	00:29
34	Bad Endorf	09:01:28	00:29
35	Oberaudorf	09:01:57	00:29
36	Berchtesgaden	09:02:26	00:29
37	Bad Reichenhall - RupertusTherme	09:02:55	00:29
38	Bad Reichenhall	09:03:24	00:29
39	Bad Birnbach	09:03:53	00:29
40	Passau	09:04:22	00:29
41	Bodenmais	09:04:51	00:29
42	Klínovec	09:05:20	00:29
43	Pec pod Snezkou	09:05:49	00:29
44	Wien	09:06:18	00:29
45	Flachau	09:06:47	00:29
46	Rauris	09:07:16	00:29
47	Hermagor - Nassfeld	09:07:45	00:29
48	Waidring	09:08:14	00:29
49	Ehrwald	09:08:43	00:29
50	Tannheim ()	09:09:12	00:00
	Zöblen ()	09:09:12	00:00
	Grän ()	09:09:12	00:00
	Jungholz (So)	09:09:12	00:00
	Nesselwängle ()	09:09:12	00:29
51	Kaunertal	09:09:41	00:29
52	Ischgl / Samnaun	09:10:10	00:29
53	Ahrntal	09:10:39	00:29
54	Ratschings	09:11:08	00:29
55	Riva del Garda	09:11:37	00:29
56	St. Moritz	09:12:06	00:29
57	Zermatt	09:12:35	00:29
58	Alden Biesen	09:13:04	00:29
59	Bokrijk	09:13:33	00:29
60	Drimmelen	09:14:02	00:29
61	Vall de Boí	09:14:31	00:29
	Programminformation "ARD-alpha C So"	09:15:00	



Nr.	Ort	Beginn	Dauer
1	Kampen	09:05:00	00:24
2	St. Peter-Ording	09:05:24	00:24
3	Timmendorfer Strand	09:05:48	00:24
4	Norden-Norddeich	09:06:12	00:24
5	Langeoog	09:06:36	00:24
6	Horumersiel	09:07:00	00:24
7	Butjadingen	09:07:24	00:24
8	Bad Salzuflen	09:07:48	00:24
9	Wernigerode (Mo,Mi,Fr)	09:08:12	00:00
	Wernigerode - Brocken (Di,Do,Sa)	09:08:12	00:24
10	Willingen	09:08:36	00:24
11	Winterberg	09:09:00	00:24
12	Medebach	09:09:24	00:24
13	Koblenz	09:09:48	00:24
14	Rüdesheim - Boosenburg	09:10:12	00:24
15	Bad Staffelstein	09:10:36	00:24
16	Fichtelberg	09:11:00	00:24
17	Oberwiesenthal	09:11:24	00:24
18	Nürnberg	09:11:48	00:24
19	Ingolstadt	09:12:12	00:24
20	Bad Teinach-Zavelstein	09:12:36	00:24
21	Beuren (Mo,Mi,Fr)	09:13:00	00:00
	St. Johann (Di,Do,Sa)	09:13:00	00:24
22	Münsingen (Mo,Mi,Fr)	09:13:24	00:00
	Hayingen (Di,Do,Sa)	09:13:24	00:24
	Region Oberallgäu		
23	Bad Hindelang (Mi)	09:13:48	00:00
	Oberstdorf (Do)	09:13:48	00:00
	Oberstdorf - Nebelhorn (Mo,Fr)	09:13:48	00:00
	Oberstdorf - Fellhorn (Di,Sa)	09:13:48	00:24
24	Riezlern - Kanzelwand (Mi)	09:14:12	00:00
	Oberstaufen - Hochgrat (Do)	09:14:12	00:00
	Oberstaufen - Hündle (Mo,Fr)	09:14:12	00:00
	Oberstaufen (Di,Sa)	09:14:12	00:24
25	Füssen - Schwangau - Tegelberg (Mi,Sa)	09:14:36	00:00
	Schwangau - Hohenschwangau (Mo,Do)	09:14:36	00:00
	Füssen - Festspielhaus (Di,Fr)	09:14:36	00:24
26	Grainau	09:15:00	00:25
	Region Tölzer Land		
27	Kochel am See (Mo,Mi,Fr)	09:15:25	00:00
	Lenggries (Di,Do,Sa)	09:15:25	00:25
28	Bad Tölz (Mo,Mi,Fr)	09:15:50	00:00
	Münsing (Di,Do,Sa)	09:15:50	00:25
29	München	09:16:15	00:25
30	München Olympiaturm	09:16:40	00:25

31	Tegernsee (Mo,Mi,Fr)	09:17:05	00:00
	Schliersee (Di,Do,Sa)	09:17:05	00:25
32	Bayrischzell - Wendelstein (Mo,Mi,Fr)	09:17:30	00:00
	Bayrischzell - Sudelfeld (Di,Do,Sa)	09:17:30	00:25
33	Prien am Chiemsee	09:17:55	00:25
34	Bad Endorf	09:18:20	00:25
35	Oberaudorf	09:18:45	00:25
36	Berchtesgaden	09:19:10	00:25
37	Bad Reichenhall - RupertusTherme	09:19:35	00:25
38	Bad Reichenhall	09:20:00	00:25
39	Bad Birnbach	09:20:25	00:25
40	Passau	09:20:50	00:25
41	Bodenmais	09:21:15	00:25
42	Tanvaldský Spicák	09:21:40	00:25
43	Janské Lázně	09:22:05	00:25
44	Region Neusiedler See	09:22:30	00:25
45	Turrach	09:22:55	00:25
46	Schladming	09:23:20	00:25
47	Salzburg	09:23:45	00:25
48	Kaprun	09:24:10	00:25
49	Kitzbühel	09:24:35	00:25
50	Berwang	09:25:00	00:25
51	St. Anton am Arlberg	09:25:25	00:25
52	Bruneck	09:25:50	00:25
53	Diano Marina	09:26:15	00:25
54	Andermatt-Sedrun	09:26:40	00:25
55	Stoos	09:27:05	00:25
56	Lauterbrunnen	09:27:30	00:25
57	Aletsch Arena	09:27:55	00:25
58	Zonhoven	09:28:20	00:25
59	Brugge	09:28:45	00:25
60	Soldeu - Espiolets	09:29:10	00:25
61	Cerler - Ampriu	09:29:35	00:25
	Ende	09:30:00	

Nr.	Ort	Beginn	Dauer
1	Kampen	09:15:00	00:29
2	St. Peter-Ording	09:15:29	00:29
3	Timmendorfer Strand	09:15:58	00:29
4	Norden-Norddeich	09:16:27	00:29
5	Langeoog	09:16:56	00:29
6	Horumersiel	09:17:25	00:29
7	Butjadingen	09:17:54	00:29
8	Bad Salzuflen	09:18:23	00:29
9	Wernigerode (So)	09:18:52	00:00
	Wernigerode - Brocken ()	09:18:52	00:29
10	Willingen	09:19:21	00:29
11	Winterberg	09:19:50	00:29
12	Medebach	09:20:19	00:29
13	Koblenz	09:20:48	00:29
14	Rüdesheim - Boosenburg	09:21:17	00:29
15	Bad Staffelstein	09:21:46	00:29
16	Fichtelberg	09:22:15	00:29
17	Oberwiesenthal	09:22:44	00:29
18	Nürnberg	09:23:13	00:29
19	Ingolstadt	09:23:42	00:29
20	Bad Teinach-Zavelstein	09:24:11	00:29
21	Beuren (So)	09:24:40	00:00
	St. Johann ()	09:24:40	00:29
22	Münsingen (So)	09:25:09	00:00
	Hayingen ()	09:25:09	00:29
	Region Oberallgäu		
23	Bad Hindelang (So)	09:25:38	00:00
	Oberstdorf ()	09:25:38	00:00
	Oberstdorf - Nebelhorn ()	09:25:38	00:00
	Oberstdorf - Fellhorn ()	09:25:38	00:29
24	Riezlern - Kanzelwand (So)	09:26:07	00:00
	Oberstaufen - Hochgrat ()	09:26:07	00:00
	Oberstaufen - Hündle ()	09:26:07	00:00
	Oberstaufen ()	09:26:07	00:29
25	Füssen - Schwangau - Tegelberg ()	09:26:36	00:00
	Schwangau - Hohenschwangau (So)	09:26:36	00:00
	Füssen - Festspielhaus ()	09:26:36	00:29
26	Grainau	09:27:05	00:29
	Region Tölzer Land		
27	Kochel am See (So)	09:27:34	00:00
	Lenggries ()	09:27:34	00:29
28	Bad Tölz (So)	09:28:03	00:00
	Münsing ()	09:28:03	00:29
29	München	09:28:32	00:29
30	München Olympiaturm	09:29:01	00:29

31	Tegernsee (So)	09:29:30	00:00
	Schliersee ()	09:29:30	00:30
32	Bayrischzell - Wendelstein (So)	09:30:00	00:00
	Bayrischzell - Sudelfeld ()	09:30:00	00:30
33	Prien am Chiemsee	09:30:30	00:30
34	Bad Endorf	09:31:00	00:30
35	Oberaudorf	09:31:30	00:30
36	Berchtesgaden	09:32:00	00:30
37	Bad Reichenhall - RupertusTherme	09:32:30	00:30
38	Bad Reichenhall	09:33:00	00:30
39	Bad Birnbach	09:33:30	00:30
40	Passau	09:34:00	00:30
41	Bodenmais	09:34:30	00:30
42	Tanvaldský Spicák	09:35:00	00:30
43	Janské Lázně	09:35:30	00:30
44	Region Neusiedler See	09:36:00	00:30
45	Turrach	09:36:30	00:30
46	Schladming	09:37:00	00:30
47	Salzburg	09:37:30	00:30
48	Kaprun	09:38:00	00:30
49	Kitzbühel	09:38:30	00:30
50	Berwang	09:39:00	00:30
51	St. Anton am Arlberg	09:39:30	00:30
52	Bruneck	09:40:00	00:30
53	Diano Marina	09:40:30	00:30
54	Andermatt-Sedrun	09:41:00	00:30
55	Stoos	09:41:30	00:30
56	Lauterbrunnen	09:42:00	00:30
57	Aletsch Arena	09:42:30	00:30
58	Zonhoven	09:43:00	00:30
59	Brugge	09:43:30	00:30
60	Soldeu - Espiolets	09:44:00	00:30
61	Cerler - Ampriu	09:44:30	00:30
	Ende	09:45:00	

Nr.	Ort	Beginn	Dauer
1	Kampen	13:00:00	00:27
2	St. Peter-Ording	13:00:27	00:27
3	Timmendorfer Strand	13:00:54	00:27
4	Norden-Norddeich	13:01:21	00:27
5	Langeoog	13:01:48	00:27
6	Schillig (Mo,Do)	13:02:15	00:00
	Hooksiel (Di,Fr)	13:02:15	00:00
	Horumersiel - Hafen (Mi)	13:02:15	00:27
7	Butjadingen	13:02:42	00:27
8	Bad Salzuflen	13:03:09	00:27
9	Wernigerode (Mo,Mi,Fr)	13:03:36	00:00
	Wernigerode - Brocken (Di,Do)	13:03:36	00:27
10	Willingen	13:04:03	00:27
11	Winterberg	13:04:30	00:27
12	Medebach	13:04:57	00:27
13	Koblenz	13:05:24	00:27
14	Rüdesheim - Boosenburg	13:05:51	00:27
15	Bad Staffelstein	13:06:18	00:27
16	Fichtelberg	13:06:45	00:27
17	Oberwiesenthal	13:07:12	00:27
18	Nürnberg	13:07:39	00:27
19	Ingolstadt	13:08:06	00:27
20	Bad Herrenalb (Mo,Do)	13:08:33	00:00
	Calw (Di,Fr)	13:08:33	00:00
	Bad Teinach-Zavelstein (Mi)	13:08:33	00:27
21	Beuren (Mo,Mi,Fr)	13:09:00	00:00
	St. Johann (Di,Do)	13:09:00	00:27
22	Münsingen (Mo,Mi,Fr)	13:09:27	00:00
	Hayingen (Di,Do)	13:09:27	00:27
	Region Oberallgäu		
23	Bad Hindelang (Mo,Fr)	13:09:54	00:00
	Oberstdorf (Di)	13:09:54	00:00
	Oberstdorf - Nebelhorn (Mi)	13:09:54	00:00
	Oberstdorf - Fellhorn (Do)	13:09:54	00:27
24	Riezlern - Kanzelwand (Mo,Fr)	13:10:21	00:00
	Oberstaufen - Hochgrat (Di)	13:10:21	00:00
	Oberstaufen - Hündle (Mi)	13:10:21	00:00
	Oberstaufen (Do)	13:10:21	00:27
25	Füssen - Schwangau - Tegelberg (Mo,Do)	13:10:48	00:00
	Schwangau - Hohenschwangau (Di,Fr)	13:10:48	00:00
	Füssen - Festspielhaus (Mi)	13:10:48	00:27
26	Grainau	13:11:15	00:27
	Region Tölzer Land		
27	Kochel am See (Mo,Mi,Fr)	13:11:42	00:00
	Lenggries (Di,Do)	13:11:42	00:27

28	Bad Tölz (Mo,Mi,Fr)	13:12:09	00:00
	Münsing (Di,Do,Sa)	13:12:09	00:27
29	München (Mo,Mi,Fr)	13:12:36	00:00
	München Olympiaturm (Di,Do)	13:12:36	00:27
30	Tegernsee (Mo,Mi,Fr)	13:13:03	00:00
	Schliersee (Di,Do)	13:13:03	00:27
31	Bayrischzell - Wendelstein (Mo,Mi,Fr)	13:13:30	00:00
	Bayrischzell - Sudelfeld (Di,Do)	13:13:30	00:27
32	Prien am Chiemsee	13:13:57	00:27
33	Bad Endorf	13:14:24	00:27
34	Oberaudorf	13:14:51	00:27
35	Berchtesgaden	13:15:18	00:27
36	Bad Reichenhall - RupertusTherme	13:15:45	00:27
37	Bad Reichenhall	13:16:12	00:27
38	Bad Birnbach	13:16:39	00:27
39	Passau	13:17:06	00:27
40	Bodenmais	13:17:33	00:27
41	Prag - Praha - Kavčí hory	13:18:00	00:27
42	Cerná hora	13:18:27	00:27
43	Wien	13:18:54	00:27
44	Podersdorf	13:19:21	00:27
45	Graz	13:19:48	00:27
46	Salzburg	13:20:15	00:27
47	Zell am See	13:20:42	00:27
48	Weerberg	13:21:09	00:27
49	Fiss	13:21:36	00:27
50	Serfaus	13:22:03	00:27
51	Bruneck - Kronplatz	13:22:30	00:27
52	La Val - Coz	13:22:57	00:27
53	Corvara - Piz Boé	13:23:24	00:27
54	Wolkenstein - Dantercepies	13:23:51	00:27
55	Wolkenstein - Ciampinoi	13:24:18	00:27
56	St. Christina - Seceda	13:24:45	00:27
57	Capolago - Monte Generoso	13:25:12	00:27
58	Minusio - Cimetta Bergstation	13:25:39	00:27
59	Silvaplana - Corvatsch	13:26:06	00:26
60	Stoos	13:26:32	00:26
61	Basel	13:26:58	00:26
62	Zermatt	13:27:24	00:26
63	Genf	13:27:50	00:26
64	Mechelen	13:28:16	00:26
65	Brugge	13:28:42	00:26
66	Soldeu - Espiolets	13:29:08	00:26
67	Cambrils	13:29:34	00:26
	Ende	13:30:00	